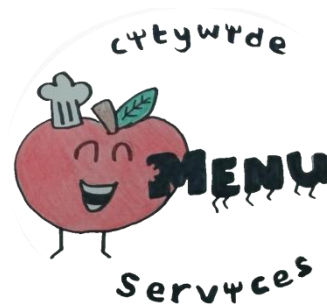




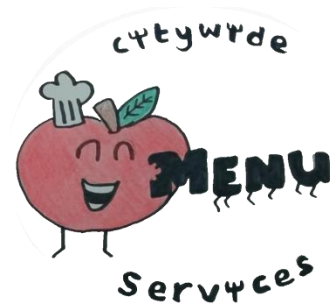
Primary Autumn / Winter Menu 2018

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<b>Main Meal</b>	Beef Burger in a Bun served with Oven Baked Chipped Potatoes, Salad and Ketchup	Shepherds Pie served with Diced Carrots and Gravy	Chicken Fillet served with Roast Potatoes, Farmhouse Vegetables and Gravy	Chicken Curry served with Rice and Naan Bread	Fish Fingers served with Creamed Potatoes and Baked Beans
	<b>Main Meal (non meat) Choice</b>	Sausage Bake	Cheese & Tomato Pizza served with Oven Baked Jacket Wedges and Tomato Salsa	Macaroni Cheese served with Tomato Bread and Salad	Cheese Quiche served Oven Baked Herby Diced Potatoes and Spaghetti Hoops	Country Bake served with Creamed Potatoes and Baked Beans
	<b>Cold Choice</b>	A selection of freshly made sandwiches/wraps served with choice from the salad bar				
	<b>Jacket Potato</b>	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese ( 3 available daily)				
	<b>Pudding</b>	Chocolate Orange Muffin	Fruit Sponge served with Custard	Fruit Day	Ice Cream Tubs	Abbey Biscuit
	<b>Pudding</b>	Selection of Fresh Fruits / Cheese and Crackers / Yoghurts				



## Primary Autumn / Winter Menu 2018

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	<b>Main Meal</b>	Pork Sausage served with Creamed Potatoes and Spaghetti Hoops	Beef Meat & Potato Pie served with Broccoli and Red Cabbage	Roast Turkey served with Roast Potatoes, Peas & Sweet corn and Gravy	Lamb Bolognese served with Pasta and Crusty Bread	Fish Fillet served with Oven Baked Chipped Potatoes and Peas
	<b>Main Meal (non meat) Choice</b>	Vegetable Nuggets served with Creamed Potatoes and Spaghetti Hoops	Pasta Bake served with Crusty Bread and Salad	Quorn Biryani served with Naan Bread	Folded Omelette served with Hash Brown and Baked Beans	Cheese and Onion Quiche served with Oven Baked Chipped Potatoes and Peas
	<b>Cold Choice</b>	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	<b>Jacket Potatoes</b>	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese, ( 3 available daily )				
	<b>Pudding</b>	Arctic Roll	Shortbread Biscuit	Fruit day	Rice Pudding	Carrot Cake with a Butter cream Topping
	<b>Pudding</b>	Selection of Fresh Fruits / Cheese and Crackers / Yoghurts				



Primary Autumn / Winter Menu 2018

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	<b>Main Meal</b>	Fish Cake served with Creamed Potatoes and Baked Beans	Lamb Mince Hotpot served with Country Mixed Vegetables and Gravy	Chicken Slider served with Oven Baked Chipped Potatoes and Peas	Turkey Meatballs in a Tomato & Basil sauce served with Pasta and Crusty Bread	Salmon Fillet served with Oven Baked Herby diced Potatoes and Baked Beans
	<b>Main Meal (non meat) Choice</b>	Brunch	Quorn Pasta Bake served with Garlic Bread	Sausage Roll served with Oven Baked Chipped Potatoes and Peas	Quorn Burger in a bun served with Oven Baked Jacket Wedges and Salad	Cheese & Tomato Pizza served with Oven Baked Herby diced Potatoes, Sweetcorn and Ketchup
	<b>Cold Choice</b>	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	<b>Jacket Potato</b>	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese ( 3 available daily)				
	<b>Pudding</b>	Strawberry or Chocolate Angel Whirl	Iced Sponge	Fruity Day	Fruit Crumble and Custard	Jelly with Cream
	<b>Pudding</b>	Selection of Fresh Fruits / Cheese and Crackers / Yoghurts				