

St Luke's RC Primary School



Welcome to the

# **Year Three Curriculum Meeting**

2020-2021

# St Luke's RC Primary School

# **School Mission**



## **Statement**

By being God's disciples here on Earth,  
We strive to be the best that we can be,  
To do the best that we can do,  
And to make God Proud.



St Luke's RC Primary School

# School Rules



All children are encouraged to follow our school rules.

**Ready**  
**Respectful**  
**Safe**

We adopt a calming environment which is rooted in mutual respect.



St Luke's RC Primary School



# Staff

## **Class 3B**

Mrs. Bryan  
Mrs. Austin

## **Class 3D**

Mr. Duignan  
Mrs. Austin

**We are all here to help your  
child reach their full potential**

St Luke's RC Primary School



# Beginning of the Day

- Doors open from 8:30am. If you need to speak to your child's teacher in the morning, we are available each morning. Please ask the teacher on the door and they will get us if we are not around.
- We register the children at 8:55am.
- If you arrive after this time, please go through the office where your child will receive a late mark.
- It is really important your child is here in time for 8:55am as we begin lessons at 9am each day prompt.



# St Luke's RC Primary School

# Structure of the Day



<b>8:55 - 9:00</b>	Registration
<b>9:00 - 9:30</b>	Reading Comprehension skills or Assembly
<b>9:30 - 9.40</b>	SPAG- (Spelling Punctuation and Grammar)
<b>9:40 – 10:30</b>	English
<b>10:30 – 10:45</b>	Play Time
<b>10:45-11:00</b>	Handwriting
<b>11:10-11:15</b>	Daily Mile
<b>11:15-12:30</b>	Maths
<b>12:30-13:30</b>	Lunch Time
<b>13:30-14:55</b>	Foundation subject (Religion, Science, PE, Geography, History, Computing, Art, D&T, PSHE, Music)
<b>14:55-15:10</b>	Whole Class Reading
<b>15:10- 15:15</b>	Prepare for home

# St Luke's RC Primary School

# Active School



We are an active school and aim to promote fitness, health and wellbeing.

Throughout the day, we aim to give children a range of brain breaks using a range of resources.

- Joe Wicks fitness videos
- BBC Super Movers
- Yoga

Additionally, each day, your child will participate in a 'The Daily Mile' which is a 15 minute run around the playground.



We aim to promote positive mental health and wellbeing.



# St Luke's RC Primary School



# The Daily Mile

## WHAT IS THE DAILY MILE?

- an outdoor daily physical activity, taking 15 minutes
- in the 15 minutes, children aged 3 - 12, average a mile
- children run for most or all of the way with teachers encouraging them as required
- the class run in their school clothes - no kit needed
- the weather and seasons are a benefit not a barrier
- it's an easily sustainable activity for years to come

## BENEFITS FOR CHILDREN

- every child, whatever their age, ability or circumstances, succeeds at The Daily Mile
- children recognise they have a healthier body and are more likely to consider their diet and overall health
- fitness comes in 4 weeks, healthy weight takes longer
- it reduces stress and anxiety and promotes happiness
- no kit is needed - so no issues around kit or body image
- it builds resilience, confidence and determination
- it helps children to develop a habit where they believe that running every day is normal and natural



[www.thedailymile.co.uk](http://www.thedailymile.co.uk)



# St Luke's RC Primary School

## PE



- This half term, PE is on a Thursday and is taught by Mr Tierney from Premier Sport.
- Children should wear their PE kits to school.
- Children should wear a plain white T-Shirt and black shorts with black pumps.
- For outdoor PE lessons, children can wear trainers, a school navy blue PE hooded jumper and navy blue jogging bottoms.



# PE - SWIMMING LESSONS

\*In Year 3, our children have 1 hour swimming lessons on Thursday Mornings at Broughton Swimming Baths.

\*All children must attend just like any other lesson.

\*Children will need a suitable swimming costume or swimming shorts/trunks ( no Bermuda shorts please) and a towel.

\*Children are not permitted to wear goggles under any circumstances until they have proven to the instructors that they are able to swim.

\*The aim for the children is that they can swim the 3 strokes; front crawl, back stroke and breast stroke confidently as well as learn some important water safety skills.

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# Uniform

- Everybody has a made a big effort with uniform, thank you.
- Shoes – black, sensible shoes that allow children to run around at playtime.
- Coat
- PE kit in a pump bag.
- No ear rings.**
- Nail varnish (on fingers or toes) should not be worn for school.
- Hair should be neat and tidy and worn with no extremes of style or colour e.g. dyed, Mohican or shaved lines. Long hair should be tied back for health and safety reasons.
- No large bows.

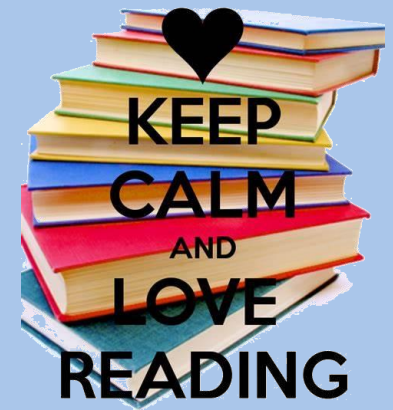


# St Luke's RC Primary School

# Reading



- We aim to promote a love of reading through small guided reading groups and whole class guided reading.
- We also have a whole class reading book; which is a short chapter book that we read for pleasure, may be linked to our topic, that we share at the end of each day.
- All children have been assessed according to their reading ability and have a Library book which is of their reading level. This book can be read independently as well as being read to an adult.



# St Luke's RC Primary School



## Reading

It is really important to foster a reading culture at home and aim to read at least 4 times a week with your child.

- When your child has read with you at home please could you make a note of what they have read and how they have done in their reading record books.
- Books are changed on Thursdays but we understand that bigger books will take longer to read. You do not read to read a full book each night, a few pages will do.
- If your child prefers to read magazines, websites, newspapers etc. write this in their records too – any reading is reading!
- Writing ability in year three is very dependent on reading and those who read more, use more ambitious vocabulary in their writing and tend to produce higher level work with 'flair'

# Why read For 20 minutes a day?

Pupil A reads...

20 minutes a day

3,600 MINUTES PER SCHOOL YEAR

1,800,000 words per year



Scores in the 90<sup>th</sup> percentile on tests

Pupil B reads...

5 minutes a day

900 MINUTES PER SCHOOL YEAR

282,000 words per year



Scores in the 50<sup>th</sup> percentile on tests

Pupil C reads...

1 minute a day

180 MINUTES PER SCHOOL YEAR

8,000 words per year



Scores in the 10<sup>th</sup> percentile on tests

If a pupil begins reading when they are in reception, by the end of Year 6, pupil A will have read for the equivalent of 60 school days, pupil B will have read for 12 school days, and pupil C will have read for 3.

Which Pupil do You think will be more successful in school...and in life?

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# Homework

We have gone digital for all homework.

Spellings **Spelling Shed** 

Spelling games will be set on Spelling Shed for children to practise spelling rules – they will not be tested on these words but will benefit hugely from playing games and practise.

Maths  **TIMES TABLES ROCK STARS**

Children are expected to play on Times Table Rock Stars to practise their 2, 5, 10, 3, 6, 4, 8 times tables – they each have a individual log in.

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# Snacks

- Each child needs a water bottle in school each day. They are encouraged to **drink plenty of water** as it aids their concentration.
- They can also bring a **piece of fruit** for break time but no other snacks are allowed please.



# St Luke's RC Primary School



## Curriculum Autumn 1: Rocks and Stones

### **History**

Who first lived in Britain?

### **Religion**

Homes.  
Promises.

### **DT**

Design and make a home.  
(structures)

### **Autumn**

1

### **English**

Fables with a moral.  
Recounts: Diaries.

### **PE**

Hockey.

### **Maths**

Place Value to 1000  
Calculations-  
addition and subtraction.

### **Science**

What do rocks tell us about the way the earth was formed?

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# Online Safety

At St Luke's we are committed to ensuring children are aware of how to stay safe when they are working and playing online. E-safety is incorporated into the computing curriculum and we take part in a range of activities dedicated to Internet Safety Day.

<https://www.stlukesrc.co.uk/internet-safety/>

Please see our school website for more information and links for further support.



# St Luke's RC Primary School



We are available mornings and evenings if you ever need to speak to us or have concerns which you would like to



<http://www.stlukesrcps.com>

Thank you!