



St Luke's RC Primary School



Physical Education

Subject Intent

It is our intent at St Luke's that children develop positive attitudes to their physical and mental well-being. We believe that the physical and cognitive development of children are intrinsically linked and we aspire to offer children life skills that will positively impact on their future. To this end we endeavour to deliver excellent opportunities to develop a healthy life-long love of physical activity. We aspire to develop a first class teaching and learning environment where both staff and students enjoy working hard together to achieve success.

We want to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values. We want children to be motivated and to challenge themselves to raise their own expectations and fulfilling our mission statement of being the best that they can be.

National Curriculum Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives